

# Toora Bungles



Volume 28 Issue 07  
April 2022

## Tooraweenah Golf Club - Gilgandra & District Cancer Fundraiser



### 5<sup>th</sup> March – 3D Butchery, 3 person Ambrose

After what feels like a long time Toora Golf Club got back into the ...(wait for it) ... swing of things!

18 players was an auspicious start to the golfing season for the 3D Butchery Game. Although 3D Butchery has closed up and we have sadly lost Wes, the club decided to perpetuate the trophy in his memory.

The top team for the first game of the season, by 1/6 of a point, were Tom Shields, Brett French and Luke Milsom pictured above, who very, very narrowly beat runners up Phil Herbert, Steve Watt and Teagan Watt, .

**12th March Gilgandra & District Cancer Fund Raiser** was a 2 person ambrose. The net winners of the 18 hole comp were locals Ash Starr and Dan Harte who took out the Castlereagh Auto prize pack of service vouchers and truckers caps. Visitors Noel Cornish and Steve Masling from Gilgandra were runners up, and will continue to advertise Tooraweenah when they wear

and use their prizes of shirts and stubby holders, donated by The Mountain View Hotel.

Winners of the 9 hole event were Ben & Tyler Mayall who will be eating well with prize vouchers donated by Diggs Butchery of Gilgandra.

Novelty events, nearest the pin for Ladies and Gents were won by Maree Townsend and Paul O'Hagan.

We thank all the businesses and individuals who donated items for prizes and the auction, without whom the day would not have been such a success.

The total raised this year was \$4,062! A fantastic result for a great cause.

We are holding a morning tea on Saturday 23<sup>rd</sup> of April when the cheque will be presented to Wendy Nelson of GDCF. All are invited to attend – if you would like to come along please RSVP with numbers to [tooragolf-club@gmail.com](mailto:tooragolf-club@gmail.com), Rob Dowsett on 0427 961 240 or Sarah Hill on 0402 208 001.

### 19<sup>th</sup> March – Huskers Trophy

Noel Cornish, who is our newest member, took out the trophy with a winning score of 61. Welcome to the Tooraweenah Golf Club Noel.

### 26<sup>th</sup> March – Laurel Hills Forbidden Cup

The format of this game was changed to a 2 person ambrose. Despite the change in the weather 8 players came to contest the trophy. Nett winners of the day were Brandon Hammond and his partner Grant Milgate from Gulgar with a score

of 57 ½. Whilst the trophy was taken out by members Dan Hart & Phil Herbert. We had 2 new members today – Phil Herbert and Paul O'Hagan so Phil has started out winning one of the annual trophies and he also had a birdie on the 18<sup>th</sup>. Well done Phil – a great start!!" .....More Golf page 7



## ANZAC Day 2022 Tooraweenah Service

Tooraweenah Memorial Hall  
Monday, 25th April  
Service begins at 11.00 a.m.

The ANZAC Day guest speaker is  
Alan Wykes of Tooraweenah

Individuals and organisations are encouraged to participate by laying a wreath on the day.

The Tooraweenah Pre-School will sell lunches and refreshments will be available from the Mountain View Hotel

"Thank you for your support"  
Tooraweenah ANZAC Day Committee



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Dubbo Office: 6884 3800



After Hours

Paul 6847 2741 0429 472 741  
Tim 6889 6109 0429 843 804  
Colin 6884 3802 0429 843 802

Read the Toora Bungles at: <http://www.gilgandra.nsw.gov.au/Live/Your-Community>

**Mental Health, Drought & COVID 19 Please, Reach Out For Information & Support !**

**NSW Government Drought Hub**

[www.droughthub.nsw.gov.au](http://www.droughthub.nsw.gov.au)

**For Mental Health Information and support;**

**W:** [www.ramph.com.au](http://www.ramph.com.au) to find the local RAMHP Coordinator

Visit [www.crrmh.com.au](http://www.crrmh.com.au) click on the link to the Drought Support Home Page

**The Salvation Army**

24 hour hotline: 1300 551 030

Website: [salvos.org.au/drought](http://salvos.org.au/drought)

**St Vincent de Paul**

Hotline: 13 18 12 Website:

[vinnies.org.au](http://vinnies.org.au)

**Rural Financial Counselling Service NSW**

**Central Region**

FREE Call: 1800 940 404

Email: [ceo@rfcscr.com.au](mailto:ceo@rfcscr.com.au)

Website: [www.rfcscr.com.au](http://www.rfcscr.com.au)

**COVID 19 Help & Support**

**Federal Government:**

[www.australia.gov.au](http://www.australia.gov.au)

Coronavirus Help Line;

**FREE Call 1800 020 080** or *If you have symptoms*

**Call Health Direct**

**FREE Call 1800 022 222**

**NSW State Government:**

<https://preview.nsw.gov.au/covid-19>

Help Line for Businesses Impacted

Tel: 13 28 46

**One Stop Drought Portal and Seasonal Conditions Information**

Web Site: [edis.dpi.nsw.gov.au](http://edis.dpi.nsw.gov.au).

One stop Drought Portal and Seasonal Conditions Information including, rainfall, soil, moisture and plant growth. **Well worth a look!**

**Gilgandra Region Report**

**Community Strategic Plan**

**Have Your Say**

**Our Community Strategic Plan is Council's highest level plan and identifies the community's main priorities and vision for the future. It is the Strategic Plan for the region's future and outlines the identified vision, priorities and actions to achieve the vision.**

Council recently completed four (4) Community Strategic Planning sessions, in Tooraweenah, Armatree, Cobboco and Gilgandra. Council and Councillors thank community members for attending these sessions.

**We are still eager to hear from you in relation to current community aspirations and issues, suggestions for improvements to service delivery and associated community assets, and any general matters you may wish to raise to ensure that our plans accurately reflect our community's priorities.**

There are major projects planned for the

coming term including the GIL Library Hub, completion of the Gilgandra Cultural Precinct, implementation of the Housing Strategy and Aero Park Subdivision, Sewerage Treatment Plant upgrade, Industrial Park development and Hunter Park Precinct Multi-Sports Facility. Visit Council's website to view a copy of the current community strategic plan and to have your say.

**Comments and suggestions for the Community Strategic Plan close 5pm Friday, 8 April 2022.**

**Curban Hall Lights up for Gilgandra Region Business Night Out!**

On Thursday, 24 March the community came together at Curban in celebration of Small Business Month 2022. Conversations filled the Hall as members of the community enjoyed an evening of light drinks and canapés, with guest speakers taking to the floor to discuss their own stories and experiences. Councillor and guest speaker, Gail Babbage says, "a fabulous Business Night Out hosted by Gilgandra Shire Council at the heritage listed and delightful Curban Hall—a privilege to be asked to speak amongst the amazing young entrepreneurs who have taken on regional opportunities and turned them into inspiring success stories."




**Ovarian Cancer Australia**

Our vision is to save lives and ensure that no woman with ovarian cancer walks alone.

**Help Line: 1300 660 3345**

**Web: [ovariancancer.net.au](http://ovariancancer.net.au)**

**Around The Traps** 😊

**Tooraweenah LPO**

The rainfall for the month of March to date (25/3/22) was 61.5mm over 5 days of precipitation.

**RIP**

Sympathy is extended to the family of Noraine Railz who passed away recently in Coonabarabran, she was the youngest sister of Kath (Poppy) Rohr (Haylock)

**Community BBQs**

Thank you to the CWA for doing the community BBQs at the pub in March, the profits from their fundraising is going towards the recent flood victims. The Hall and Anzac committee will be catering for the April BBQ's. The good

cooks are getting their spatulas and tongs shone up for a great month ahead, come in and see what's offering for dinner each and every Saturday night from 6pm to 8pm during April.

Anyone wishing to volunteer to assist the Anzac Day & Hall committee can contact Patty Webb 6825 4372 or Lester Thurston 0428 481 011

**ANZAC**

**Chairman Barry Chandler along with the current committee wish to invite everyone to the annual Anzac Day service in the Tooraweenah Memorial Hall on Monday the 25<sup>th</sup> of April at 11am.**

Guest speaker is Mr Alan Wykes, and organizations and individuals are encouraged to lay a homemade wreath on the day. (Wreath bases will be available free from Tooraweenah Trading Co)

Following the service a march will proceed from the hall to the recreation ground to re-lay the wreaths and have the flag raising ceremony prior to heading to the Hotel for lunch.

The Tooraweenah Pre-school will be selling lunches and refreshments will be available from the Hotel .

**Hints From The Dog House! With Brendan Butler**



Most livestock farms around our district have at least a work dog or two and there is an estimated 270,000 work dogs across Australia, so the humble kelpie, collie and koolies play an under estimated part in the management of our livestock industries. For the last 200 years dog breeders have been building on these work dogs natural instincts to herd and move our stock and please there boss by selecting for the traits that suit different stock types, farms, situations and climates. Each farm has a different way of managing and each area can have a different

topography so our work dogs have to suit our individual management style and needs.

On our farm Oakfield, the preference is for a sturdy, smart all-round dog that can help muster, drove and then work under pressure in the yards, often all in the one day, which is a tall order to find, but they do exist.

Further west the dogs would have to be lighter and more athletic because of the bigger paddocks and warmer climate , the longer droves requires dogs to have more natural distance off their stock so as not to pressure them to much and some noted breeders out there have achieved this trait well.

Other breeders have got yard and truck work dogs down to a fine art with dogs that can work tirelessly for hours backing, barking and applying pressure to stock to keep them moving at close quarters.

What ever your preference for a work dog its worth the research and time to source the traits that are required for your own situation. *Brendan Butler Oakfield Kelpies*

**👉 Diary Dates 2022 😊**

*'Take Time out!!  
Relax and Enjoy Life!*

**April 2022**

**Saturday, 2,9,16,23,30**  
Hall & ANZAC Committees  
Community BBQ'S

**Saturday, 2,16, 23, 30**  
Golf Rounds

**Sat 9 Sunday 10**  
Tooraweenah Endurance Ride

**Saturday 9th**  
A Night Under the Gums! - Gilgandra

**Friday 15 to Monday 18**  
Easter Weekend

**Saturday 23**  
Presentation \$ to Gilgandra & District  
Cancer Fundraisers

**Monday 25th**  
ANZAC Day

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or on Facebook: emulogic

**Councillors Corner - Cr Mockler Reports**



**An outline of Councillors activities throughout March:**

Full day workshops and briefing presentations on the 1st March, 8 March, and 15 March, which included Economic Development, Inland Rail project, Gilgandra Lifestyles Operations, Cooee Lodge, Cooee Villas, Jack Towney Hostel, Community Care, Transport, Meals on Wheels, Orana Living, Carlginda, Homelessness, Housing and Local Roads planning. Business systems review, Councillor Local Government NSW training seminar, Aged Care independent report, Budget preparations followed by local roads inspection and community consultation.

After all of that, Councils monthly meeting on the 15 of March .

Council has held extensive community consultation throughout March at Tooraweenah, Armatree , Cobboco and in Gilgandra. The results and feedback are central to Councillors and Management preparing, finalising and prioritising the whole of community planning strategy over the current term

of Council and also Council’s long term 10 year financial plan.

It needs to be remembered these are NOT day to day operational matters, but strategic planning matters to reflect the vision that Council strives to achieve, and objectives and priorities which are then reported against Councils Operational Plan and Delivery Program. The latter reflected in its capital works program.

This has facilitated an opportunity to contribute constructively with what the community wants to be prioritised and achieved in Councils overarching community driven strategic plan.

Councillors responsibilities are then to represent, advocate and promote those matters in finalising and adopting the Community Strategic Plan ( CSP ) .

**Interestingly, some community members have difficulty in distinguishing what is OPERATIONAL and what is involved in STRATEGIC PLANNING. Road surface conditions for example, pot holes etc are operational and need to be reported by way of a report or complaint, via the online**

**reporting system or by calling Council to make a report.** Another example is an issue with mail delivery to a rural property address, this is not relevant to Council, but is an Australia Post matter.

Council is not a complaint bucket for every issue. That needs to be recognised. Community participation at Tooraweenah on the 16th of March was welcome and constructive, some really good ideas and planning concepts to be included in the strategic operational and capital works program.

Next years budget planning is underway. IPART determined a 0.7% rate increase. That is unsustainable given what Council is required to provide with its core services, in my view.

Councillors are also considering budgetary constraints as to what services and capital works projects are achievable, taking into account grant funding opportunities and Councils capacity to deliver within its Councils resources capacity.

**Anzac Day**  
**Mon 25th April**  
**The Mountain**  
**View will open**  
**after the Anzac**  
**Service**  
**2UP BBQ lunch**  
**Bistro 6-8**

**Good Friday**  
**Seafood available**  
**lunch and dinner!**  
**Cutlets and snittys**  
**will be available as**  
**well as kids meals**  
**Follow our**  
**Facebook page**  
**for seafood**  
**menu!**  
**No takeaway**  
**alcohol available**

**News From The Mountain View!**


Why not take some “Time Out!” with family and friends at the Mountain View during April. The Community BBQ’s are on each Saturday with the Hall & Anzac Committee providing a delicious menu from 6-8pm.

Also, checkout the Good Friday menu, which includes some wonderful seafood. All the Easter opening hours are listed. So go on, give the cook a night off and come and enjoy a meal at the Mountain View any day of the week!

**Easter Opening Hours**  
 Fri 15th 12—10pm  
 Sat 16th 12:00– late  
 Sun 17th 12.00– late  
 Monday 3pm- late  
 Bistro hours  
 12-2. 6-8:30

 **Community Bus**  
**offering a**  
**personalised service**  
**leaving Tooraweenah 10.30am.**  
**Returns from Gilgandra at 2pm**  
**Cost \$15**  
**Schedule for 2022:**  
**Please ring to check and book**  
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 Usually, the second and fourth Tuesdays of the month

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**7 days a**  
**week**  
**Bistro hours**  
**Monday—12-2 Bistro Menu**  
**6-8pm (Pizza only)**  
**Tuesday to Sunday Bistro Menu**  
**Lunch 12-2pm Dinner 6.00-8.30pm**  
**Specials nights**  
**Monday to Friday & Sunday nights**  
**Follow our Facebook page**

**Tooraweenah Preschool Developing 'Wings of Independence' With Miss Marie**

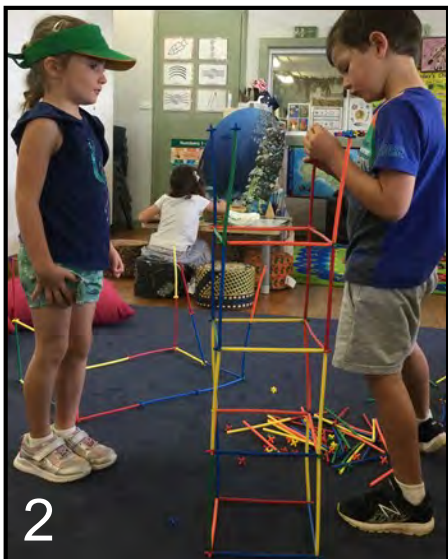
**We have welcomed new preschool friends and their families to our preschool community: it sure is exciting turning 3!**

We have all enjoyed welcoming and playing with these new friends, enjoying lots of happy, friendly and smiling faces at preschool every day to play, learn and explore with.

Our children have been busy making 'peg friends' for us to send to some pre-school children who have been flooded recently, and have lost all of

their toys, books, and even their preschool! We have drawn happy faces on wooden pegs, then painted them carefully using bright colours. The children have chosen some felt material to 'dress' them in and given them hair. The idea is to give these children a little toy/peg friend that they can hold in their hand or keep in their pocket or bag, hopefully giving them a smile and sharing our love and support .

Outside we have had fun with obstacle courses; allowing friends to challenge their gross motor and body co-ordination skills with different equipment and tasks. We completed a large obstacle course on the oval which was fabulous, as well as a smaller obstacle course at preschool.



2

Children quickly adapted this course into a game they named 'The Lava Game'. They had to manage lots of movements, including balance, climb, stretch, jump, leap, crawl through a tunnel and run to get to the other end of this, along with lots of smiles and laughter too. Preschool friends have loved investigating a range of different play spaces and experiences: including our very own 'Subway' Sandwich Shop (with real 'Subway' uniforms and things); with several budding chefs now on our radar for future restaurant reservations. We have also had doctors and nurses tending to and fixing up both people and toys; and our builders have been exploring and experimenting with several different constructions, including straws, wooden blocks, Lego and Mobilo, when they have been building tall towers and cities, as well as large sheds and stables for the horses. More farming fun in the sandpit as well as lots of exploration and fun art/craft experiences.



1

Our amazing fortnightly visitor, or FIF0 (Fly in, fly out) scientist, Edna Einstein, has been showing us fun science experiments about 'Density'. The children have loved these visits. We have made our own colourful cylinders with different liquids and experimented with floating and sinking, using fresh and salty water and some eggs.

Outside we have planted lots of flower seeds in one of our garden beds, whilst enjoying the last of the cherry tomatoes from another.

Recently we've had the shade cloth frame raised to a much safer height, allowing us to all enjoy this space and continue to explore, learn, play and work together safely. Plans for further beautification of this area are well

underway. Children are constantly checking to see if our seeds and flowers have sprouted and also wondering what colour the different flowers will be when they do.

Children have been busy keeping tabs on our 'adopted' preschool pet frog, who appears anywhere and everywhere each day. So far we have found him in the sandpit, in the shed, in the watering can and even on the fixed climbing equipment. He must like preschool as much as we do!

We recently held our AGM and have a new Management Committee elected for 2022. We thank both the outgoing 2021 Committee and the incoming 2022 Committee for their commitment and dedication to our preschool. Please know that your work and efforts are all greatly appreciated and valued. Thank you.

Preschool friends are very eager to join our Tooraweenah Public School friends to perform a song at the upcoming Tooraweenah ANZAC Day Service. We have been busy learning this song, especially the chorus, and practising it with our friends from 'big school' for this special performance for our community. ANZAC Day is after our preschool holiday / Easter break, which will be here before we know it.

We wish everyone a safe and happy school holiday break and a Happy and Blessed Easter.



4

**Photo 1) Edna and friends conducting a Density experiment with salty and fresh water and floating / sinking eggs**

**Photo 2) Rose (in Subway uniform) and Cooper building towers with straws**

**Photo 3) Sophie carefully painting a peg friend**

**Photo 4) Preschool friends having fun bouncing around and playing together.**

## Tooraweenah Public School With Principal Karen Smith

### STEPS to Success (Students, Through Evidence-based Practices, to Success)

Parents of students in K/1 may have noticed a change in the types of books they are learning to read with in the classroom.

Research has shown that teaching phonics (sound letter correspondence) to young students while also allowing them to practice the skills of reading using these known sounds, allows students greater success in their long term reading journey.



That's where decodable readers come in. Our students practice their reading using decodable readers in class and during home reading.

We continue to read and discuss a broad range of quality picture books and literature to our students and encourage parents to do this at home too. Being exposed to a broad range of language through books promotes a wider vocabulary, language skills and love of books. Are you interested in helping your child read more fluently? Did you know that singing and reciting poetry as well as re-reading books can improve rhythm and phrasing and help promote natural expression and reading fluency.

### Swimming Carnival

We are thankful to parents for providing transport and helping at our school swimming carnival. It was a lovely morning allowing students in 3-6 to trial for the Dubbo District Swimming Carnival. Our K/1 students had lots of fun participating in novelty races assisted by our school leaders where needed.

### District Swimming

Two of our year 6 students, Lara Duff and Lexi Trickey represented our school at the District Swimming Carnival. Lara competed in the 50m Freestyle, placed 6th in Breaststroke and placed 7th in Backstroke. Lexi placed 4th in the 50m Freestyle.

Congratulations to both girls on an excellent effort and representing the school with such great sportsmanship. We are very thankful to Lara and Lexi's parents for providing transport to the carnival and supporting the girls with

their enthusiastic cheering.

### Swimming for Sport

Mrs Quilter and students K-6 have been having the best fun staying fit and healthy during swimming for sport over a period of 4 weeks at the Caravan Park pool. We have seen a dramatic improvement in the speed and technique of our younger swimmers in the water.

### Coach 2 Cope

Recently Mrs Jenkin engaged in the professional learning 'Coach 2 Cope' in Dubbo. The course is designed for educators & other professionals that work with young people, to learn the latest practical strategies & skills to better support young people who experience acute mental health issues and challenging behaviours. After completing the training, Mrs Jenkin commented "I've really enjoyed this training. This is one training that could be made mandatory by the DET. Definitely recommend it, if it comes around again." Equi Energy Youth's commitment to improving mental health outcomes also provide complimentary training to families and carers. The aim is to build the capacity of adults in the community to be able to effectively respond to young people during episodes of distress. Two parents also participated in the complimentary training that was offered as part of this training.

### Western Plain's Principals' Conference

On Friday 1st April, Mrs Smith will attend the Western Plains Principal's Conference in Dubbo. Professional Learning on the day will include: 'FASTstream update', 'Learning, Teaching & Leading' and Health and Wellbeing.

### Planting Trees for the Queen's Jubilee

A grant opportunity has opened in celebration of the Queen's Jubilee. Several Tooraweenah organisations are keen to join together to apply and be involved in its delivery, if successful. The school will be liaising with the CWA, Tooraweenah Lions Club and other interested organisations in Tooraweenah. The CWA and Lions Club have agreed to submit an application and I would like to thank Jill Blackman and Kathryn Larkin along with committee members from Lions and CWA for all their work in meeting the tight deadline for the expression of interest for this grant.

### Premier's Reading Challenge

The Premier's Reading Challenge has begun for 2022! Students are encouraged to participate in this competition. Students in K/1 will be working on this challenge during class. Students in Year 3-6 will contribute to the challenge in class and are also encouraged to read at home.

### ANZAC Day

We are very excited that Tooraweenah Preschool will be

joining us to perform at this year's Tooraweenah ANZAC Day service. We hope that as many of our students as possible will be able to join us on the day to mark ANZAC Day.

### Symphonia Jubilate

Students in Years 3-6 who are interested in learning an instrument and become part of Symphonia Jubilate Outback can find more information about events and opportunities from Mrs Smith. The school has received a Minister's Creative Arts Grant that enables families to have the cost of music lessons reduced. Please contact Mrs Smith if you would like to learn an instrument and utilise this funding.

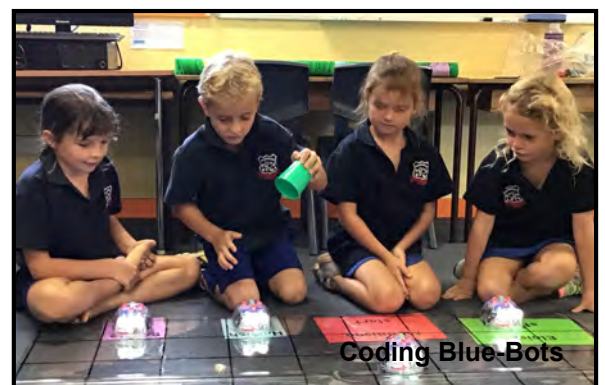
### Flood Packs

The school is organising to join with another small school in a flood effected area and put together some 'Happy Packs' for their students. In the coming weeks, we expect to hear from the Primary Principal's Association who will put us in contact with a school. When we find out more about the age and likes of the students we are supporting, the school will send out requests to families for donations of items to fill the boxes.

This is a great opportunity that we can 'pay it forward' after being so well supported during the drought by other caring school communities.

Karen Smit Principal  
Tooraweenah Public School  
*Safe, Respectful Achievers*  
|w| 02 68481073  
[karen.thomson1@det.nsw.edu.au](mailto:karen.thomson1@det.nsw.edu.au)

**Photo:** Indy & Ruby creating robot prototypes using Lego Spike Prime



**Tooraweenah CWA - Cath Waller Reports**



Hi to all,  
 Our first meeting for the year was made more interesting, with a special visitor, Diane Lawson from the Salvation Army. She spoke of homelessness and the number of women and men who experience this problem.  
 We have just completed four (4) Saturdays of Community BBQ's at the Mountain View. The profits of \$1,100 from several Saturdays will be donated to the CWA of NSW Disaster Fund for distribution to victims of the recent flooding in New South Wales and Queensland.  
 A big thanks to Geoff Pike, who did a mighty job in fetching, carrying and manning the BBQ's. Thanks to Gary, John, Brian & Robert who also helped out. Special thanks to all the

workers, and those who provided hot dishes and sweets. All went down a treat.  
 Our members have certainly "hit the ground running!"  
 Sip N' Sew continues each Wednesday, 10am to 2pm. Please call in on these days for a cuppa and a chat.  
 Our power costs are set to be reduced once everything is connected. This has come about due to solar panels on our rooms thanks to a Grant received under the Powering Communities Program through the Federal Government.  
 Thanks to Jill for acquiring the grant.  
 Our next meeting is on Wednesday 13th April, 9.30am for 10.00am start. I look forward to seeing you all there.

*Cath Waller— Publicity*

**Tooraweenah Lions Club — Lester Thurston Reports**



**Toora Lions will be having a meeting on Wednesday the 6th of April at the Mountain View Hotel, 7.00 for**

**7.30pm.** Please book in with the staff on 6848 1017 prior to the meeting. Current projects for this year are, Cleaning out the old fire shed for storage of club items. We are assisting the CWA with catering at the Endurance ride. The clubs Steak Van will also be available at the Gilgandra Show.  
**A Bike ride-a-thon for Parkinson's**

**disease in May, is in association with Gilgandra and Gulargambone Lions clubs.**

The March meeting, saw the following members elected to run the club over the next twelve months. President Brian Mockler, Secretary Lester Thurston and Treasurer Jane Gesell, with the club membership director being Geoffrey Hill. All other positions will be appointed prior to the changeover in June. Looking forward to a great year ahead.

**Golf Program — April**

**Next month's games** are President's Day on the 2<sup>nd</sup>, an 18 hole event known as 'Secret 9' (I don't know...it's a secret!!).

There is no golf on the 9<sup>th</sup> because the Endurance Ride takes over the grounds and pavilion. Sat 16<sup>th</sup> is a 4 Ball, Best Ball 18 hole stroke round.

Sat 23<sup>rd</sup> is an opportunity to come out mix it up with a Mixed Foursome 18 hole comp and finally, **because there are 5 Saturdays in April – on the 30<sup>th</sup> it will be the annual 9 hole Night Golf game, when you can sparkle in neon!**

We hope to see all members through the month. New members are always welcome!

*Maree Townsend, took the Ladies nearest the pin, Paul O'Hagan the men's*



*Net winners GDCF were Ash Starr & Dan Harte pictured with Bret French*



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**Mountainside Beauty & Massage**  
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**0439 470 549**  
 mountainsidebeauty@hotmail.com

Community Bank - Gilgandra

# Making good things happen



**COMMUNITY INVESTMENT \$400,000**



**Bendigo Bank**

57 Miller Street, Gilgandra  
6847 1502

Items repaired or replaced using

## BASIC MACHINING & WELDING



**Simon Blackman**

Mobile: 0428 064 555  
Home: 6848 1149

## MENTAL WELLBEING

### Depression

*It's not a matter of just being tougher or more resilient ... you're in strife and you can be helped*

www.beyondblue.org.au or  
Phone: 1300 224 636

youthbeyondblue.com  
1300 22 4636

**Anxiety Disorder Information:**  
1300 794 992

**Mental Health Information**  
1300 794 991

## Mental Health Line

1800 011 511—24 Hour access

Lifeline: 13 11 14  
Men's Line Australia  
1300 789 978  
Kids Help Line  
1800 55 1800  
Domestic Violence  
1800 656 463  
Alcohol & Drug Info Service  
1800 422 599  
Suicide Call Back Service  
1300 659 467



**You got this MATE.**

Checkout this website!  
[www.yougotthismate.com.au](http://www.yougotthismate.com.au)

It provides tips and info to help rural men reach their best possible mental health and info you need to help you be the best possible support for a loved one who is experiencing tough times!

## Veterinarian

### Nadine Allan BVSc Hons

Will visit Tooraweenah second Tuesday each month

Phone 6847 1129  
for appointment

Gilgandra Veterinary Clinic  
2 Enterprise Drive  
GILGANDRA NSW 2827

Mobile: 0427 471 129

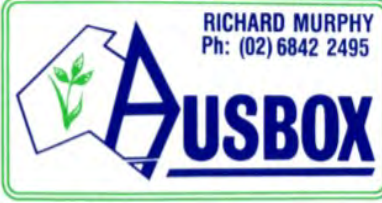


# FOR HIRE

## Cool Room

Contact  
Geoff or Bev Pike

6848 1190



RICHARD MURPHY  
Ph: (02) 6842 2495



## ROBERT WALLER

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We are CLOSED to the public until further notice  
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- Powered & Unpowered Sites
- Ensuite Cabins
- Pool

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Scott & Janelle Quilter  
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