



Volume 27 Issue 01 October 2020

# Yard Dogs Trials And Training 17th & 18th October 2020

### Brendan, Ben, Luke & Ross



The Tooraweenah PA&H Association Yard Dog trial section will be running a yard dog trial on Saturday October 17th. The yard dog trial will feature a full program including maiden, novice ,open, local and junior sections. There will be a grade for every level of dog and handler and

# Mental Health Month Theme 2020 TUNE IN!

Tuning in means being present, being aware of what is happening within you and in the world around you. Being present by tuning in has been shown to help build self-awareness, help make effective choices, reduce the impact of worry, and build positive connections.

**TUNE IN to communities.** What is happening that you can be part of, or that you can help others be part of?

**TUNE IN to others.** What might people around you be feeling? How can we connect?

**TUNE IN to Stigma.** How do attitudes and understandings of mental health and wellbeing impact people's ability to live the lives they want. How can we help?

**TUNE IN to yourself.** What can you sense right now? What can you feel?

For tips on how to 'Tune In' checkout page 4 of the Bungles. Or visit these websites for more information: mentalhealthmonth.org.au or wayahead.org.au there are great prizes on offer. So come along and have a go or just enjoy watching some of the top dogs and handlers in the state in action.

A feature of the day will be the use of the new state of the art mobile yards that have been fabricated by locals Luke Harvey and Luke Jenkin with all materials supplied by Tooraweenah Trading.

On Sunday October 18th a working dog training school will round out a top weekend of action and entertainment. The school will be run by acclaimed dog handler and stockman Dave Motley from Nyngan. Numbers are limited, so if you would like to expand your knowledge with your trusty canine then you need to get in quick! Cost for the school will be \$150 for the day.

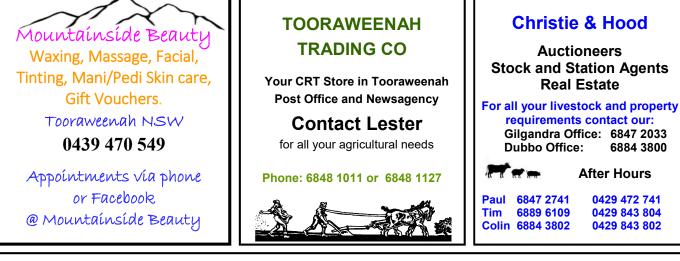
These two days of activities will depend on COVID 19 regulations at the time, and all COVID rules and distancing will be adhered to. For all enquiries call Brendan Butler 0447 481 048 or Ross Allison 0428 488 162

## Heading Bush? Beware 'Flying Poo Spiders'!

The behaviour of antisocial campers has spawned a quirky social media campaign, the Aussie Travel Code in South Australia to educate newcomers about the unwritten rules of the outback. It all came about after COVID 19 created a wave of new tourists. Luke Radford and Liz Rymill report. (ABC News) The code covers basics like staying on marked tracks to more humorous aspects like the dangers of 'flying poo spiders!' The campaign aims to educate outback rookies on the social norms of travelling in remote Australia.

Here are just a few tips to share. **Get permission to camp** before setting up. Empty land could be someone's front yard! **Talk to the locals** about road conditions, local hazards or secret spots. **Learn the etiquette of using a UHF radio**. Some channels are traditionally reserved for pastoralists and truckies, remember everyone in range can hear!! **And as for the 'flying poo spider', you will need to read the** 

rest of the Toora Bungles to find out more .....



Read the Toora Bungles at: <u>http://www.gilgandra.nsw.gov.au/Live/Your-Community</u>

**Toora Bungles** 

# Mental Health, Drought & COVID 19 Please Reach Out For Support

#### The \$3,000 per household can consist **NSW Government Drought Hub** www.droughthub.nsw.gov.au of up to \$2,000 in cash and \$1,000 in NSW RAA: 1800 678 593 vouchers. **NSW Drought Transport Subsidies** The Salvation Army 24 hour hotline: 1300 551 030 www.agriculture.gov.au Website: salvos.org.au/drought For Mental Health Information and St Vincent de Paul support; **Centre for Rural & Remote Mental** Health and RAMHP— Check out their web site W: www.ramph.com.au to find the local RAMHP Coordinator E: ramhp@newcastle.edu.au Visit www.crrmh.com.au click on the link to the Drought Support Home Page You Got This Mate www.yougotthismate.com.au

Hotline: 13 18 12 Website: vinnies.org.au **Rural Financial Counselling Service NSW Central Region** For FREE impartial and confidential financial counselling to assist farmers, fishers & agriculture dependent small businesses. FREE Call: 1800 940 404 Email: ceo@rfcscr.com.au Website: www.rfcscr.com.au

# COVID 19 Help & Support

Some very important contacts for accurate and up to date information please go to;

### Federal Government:

www.australia.gov.au Coronavirus Help Line; FREE Call 1800 020 080 or

If you have symptoms Call Health Direct

FREE Call 1800 022 222

NSW State Government:

https://preview.nsw.gov.au/covid-

19 Help Line for Businesses Impacted Tel: 13 28 46

## Gilgandra Shire Council – General Manager Reports

Tooraweenah Road and National Park Road have been identified by Council to consider for reclassification as Regional Roads in its submission to the NSW Roads Classification review being undertaken by Transport for NSW. The process is not about changing the use of the roads, its more about the accessibility to funding and the responsibility of who maintains the roads. Find details regarding this process on Council's website

### www.gilgandra.nsw.gov.au

Council welcomes feedback on this review either through written feedback or by calling us on 6817 8800.

The updated Tooraweenah brochure and Gilgandra Region map are proving popular with the many visitors who are stopping and enjoying everything we have to offer! It's wonderful to see people exploring and enjoying the natural beauty and friendly people in our region especially as we head into the school holiday break! Gilgandra Shire Council David Neeves General Manager

# Yards - Ready Set Go!

Brand spanking new mobile yards, are ready to go for the Yard Dog Trials and Training October 17th & 18th.

### Top Job Luke Harvey and Luke Jenkin.

A trial run setting up the yards was held on Friday, and as can be seen from the front page photo everyone was as pleased as punch with this state of the art facility. Job well done!





Due to the current situation Sarah, (Western NSW LHD) will not be doing any clinic until further notice.

# 4G Small Cell Delayed! Construction date for the Telstra 4G

Small Cell has been delayed to early 2021 due to a detailed DA application being required because of the 20 Metre Tower needed to give our community the best possible coverage.

The Telstra delivery teams are doing everything they can to ensure they deliver this small cell as soon as possible for our community.





## New website launched!

www.yougotthismate.com.au

It provides tips and info to help rural men\_reach their best possible mental health and info you need to help you be the best possible support for a loved one who is experiencing tough



**Presbyterian Church** 

**Reverend Peter Tamsett** 6847 2036

### Tooraweenah LPO

Currently with the COVID 19 virus, the Post Office is operating normal hours, we will try to maintain normal service, but in the eventuality we have to selfisolate the business will be closed. Please observe good hygiene and social distancing and hopefully we all will remain well and virus free in Tooraweenah. We are allowing one customer at a time in the shop, unless directed by staff.

The rainfall for Tooraweenah for September 2020 was 16.4mm over 4 days, with a year to date total of 561.2mm over 58 days.

#### Pub Community BBQ's

The BBQs are currently not operating during the COVID 19 pandemic.

### Lions Clothing Bin

Residents that take advantage of the Lions Clothing bin are reminded that it is for clean clothing only. If you have warm blankets or Doonas they are currently in demand.

### Toora Lions club.

The club will hold its monthly meeting at the Mountain View Hotel on the 7th of October at 7pm, RSVP to Ash Jenkin at the pub on 6848 1017. Everyone must book in as our numbers will be limited. Support the club that supports your town.

## Mountainside Beauty 2nd Birthday

Congratulations Emma Hutchison, Mountainside Beauty and Massage as you celebrate your second birthday. Wonderful result to see your business

bark, they dig holes in the garden and

love to destroy things. If left to their own

thrive. Best wishes for this to continue for many years to come.

### News from the Mountain View

The long weekend is coming fast, don't forget to check out our daily meal specials.

How about our amazing range of

merchandise??? We have footy shorts, polo's, eskies, hats and much more. Pictured are some of the super cool coloured caps and bags.



# Hints From The Dog House! With Brendan Butler



Rearing a pup can be a lot of fun ,but there's a high chance they have given you a few premature grey hairs. Pups can be mischievous and naughty ,they do puppy things, they

**Anglican Church** 

**Tooraweenah** 

**Grahame Yager** 

Gulargambone

0427 223 182

Jeff Tym

0428 866 525

devices they'll find a way into the chook pen or put the cat up a tree. Dogs are playful through out their lives, even mature dogs take great pleasure in chewing up your work boots and ripping the washing off the line. Dogs are not being spiteful to us, just having fun . Its our job to not allow them to do these things unless it is appropriate (dig and chew), preferably puppies need a secure run and need to be given access to chewy toys and big raw bones and not left unsupervised or trouble will be sure to follow. Pups live in the moment, and don't think of the consequences of their actions. Its up to us to start training them early with consistency and repetition (first Lesson,

teach them their name). Learn to laugh at their antics, its not the pups fault if you've left the gate open and it has



chased the poddy lambs up the paddock and won't come back, but that's something we can look at next time .... Brendan Butler, Oakfield Kelpies.

# Diary Dates 2020

'Take Time out!! Relax and Enjoy Life!

### Saturday October 17th

Tooraweenah Show Yard Dog Trials

## Sunday October 18th

Working Dog Training School For more info or to book in Contact Brendan M: 0447 481 048 Ross: 0428 488 162

Activities may be subject to change!

# **EMU LOGIC**

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Visit us at: www.emulogic.com.au. or on Facebook: emulogic



# Councillors Corner – Cr Brian Mockler Reports!



Cr Ash Walker have been re-elected as Mayor and Deputy for the next 12months.

General Manager David Neeves has had a buster with his motor bike at his ranch. with grant funding for McGrane Oval He managed to re-arrange a few ribs and collar bone. We certainly wish him well. Council has taken the initiative

Cr Doug Batten and with Freedom Camping with the support of the Economic Development Committee. There will be a 2 year trial and a permit system limited to self-contained Recreational Vehicles and Caravaners at Cooee Oval. It is to commence from Autumn 2021. Council has determined its priorities and the Skate Park projects. A funding agreement has been reached with Inland Rail to undertake a water

infrastructure legacy project coordinated by Council and fully funded by Inland Rail.

The scope of the project is to drill 4 bores 25km apart at strategic locations securing water from depths and aquifers not already accessed in those areas. In addition, Council is pro-actively supporting applications for a Rail Infrastructure Facility and Multi-User Rail access Facilities at Gilgandra and Curban . Cr Brian Mockler

## Tooraweenah P A & H Assoc

Tooraweenah Show Committee has not stood still during this COVID lockdown. Grant Applications have been keeping Kylie Moppett and Brian Mockler busy. These applications are for ongoing improvements at the grounds which will ultimately help all members of our community.

One grant has enabled the committee to purchase dog yards. This means dog trials and working dog training can be held on a regular basis helping local farmers improve the performance of their working dogs.

Other Grants have enabled yards, seating, new kitchen and pavilion upgrades and more.

The 2020 Show may not be going ahead but wait for the 2021 show. It will be a beauty.

Our showground and facilities are available for hire - under COVID safe requirements. For bookings: Secretary -Kristy Gale 0429 780 323 or

toorashow@gmail.com Sue Armstrong Publicity Officer



## Mental Health Month — Tips to Tune In!

TUNE IN TO STIGMA by considering the misconception, prejudice or barriers that you or others face regarding mental health and wellbeing. You can help increase understanding by making sure mental health and wellbeing are not taboo topics in your community, and letting others know if they are engaging in stigma-promoting behaviour.

TUNE IN TO COMMUNITIES by thinking about the broader groups and networks you are part of and what's happening within them. You can also think about how to make communities and activities more welcoming, open or easier to access for people experiencing difficulty with their mental health and wellbeing. How can I tune in? Challenge negative ideas around mental health. Join a local hobby group. Make sure events are inclusive. Creating a range of different options for people looking to connect. TUNING IN TO OTHERS can build positive connections. Can you imagine what other people might be feeling and why? Does someone you love seem a bit down? Maybe you can head over and

Needing a Remedial, Sports, **Pregnancy or Relaxation** Massage?

Nicole is Diploma Qualified and Health Fund Accredited Located in Tooraweenah

For appointments call or text Nicole Harte 0457 954 346

help then out with a chore or task, or just sit and have a casual chat. TUNING IN TO YOURSELF can start with checking in with yourself and asking a simple question: "What can I sense right now?" Use your 5 senses to feel, touch, taste, hear and smell the world around you and experience the way the outside world makes you feel internally. To read all the information to go mentalhealthmonth.org.au or wayahead.org.au you can download

factsheets or find out about support programs.



Linking rural people to the help they need

WWW.RAMHP.COM.AU



16 Aimee Street Tooraweenah Tel: 6848 1089

# Coffee, Milk Shakes, **Cold Drinks**

**Toasted Sandwiches**, **Turkish Breads & Wraps** Small selection of groceries A Range of Giftware **Opening Times** Wednesday to Saturday 9am -1pm

\*Please respect 1.5m social distancing

## **Lions Roar**



Toora Lions Club last woodcut for 2020 was cancelled due to rain. We have however, stocked up our firewood supplies for visitors to

the Warrumbungle National Park and managed to keep up enough deliveries of firewood for our local senior citizens. Acknowledgement to Geoff Hill as our Team Leader and Lord Lester as Supervisor!! and our club's activities coordinator, whoever that is!! Activities have been limited due to that COVID thingy with social distancing practised at all times.

Meetings on the 1<sup>st</sup> Wednesday of each month at the club's Mountain View

Hotel remain in place.

Tail twister Geoff Hill certainly ensures that our meetings are entertaining. Kathryn Larkin has slotted into the position as President like a duck to water ably assisted by side kick Lester Thurston.

Forthcoming activities include Diabetes Awareness walk planned with Gil and Gular Lions followed by a lunch at Curban.

We are hoping to conduct some fundraising activities leading up to the end of year including Toora Lions traditional December raffles.

Lion Mock

# Flying Poo Spider? ......

## Did you guess what it was?



And, as for the flying pooh spider, it is best avoided at all costs.

The "spider" is, in fact, a tangle of dirty toilet paper that has not been buried properly and is picked up by the wind, becoming an unhygienic airborne outback menace!!

## Tooraweenah CWA



It was great to be back in our own rooms for our September meeting with all the COVID 19 cleaning and signing in requirements in place.

This is all just the new norm! On Friday 4th September, Jane, Denise and Jill welcomed our State President Stephanie Stanhope to our Branch. This proved to be a great opportunity to meet her and Macquarie Group President Karen McHale. All part of CWA Awareness Week.

The Branch Market Day held in Hunter Park on September 19th was again a successful gathering, with perfect weather conditions prevailing. Macquarie Group CWA will hold a Pop Up Shop in Orana Mall on the 9th & 10th October if any members would like to attend to help raise the profile of CWA and encourage more women to join the organisation, please let Denise know.

Beverley, Denise, Dalene and Cath will represent the Branch during the Sunday Church service in Gilgandra.

With our AGM coming up on Wednesday 14th October in our rooms, I encourage all members to make sure their subs are paid prior to our meeting please. And, could everyone RSVP to Denise or Beverley so we know how many members to expect due to COVID 19 restrictions.

The International Country of Study program is progressing well with Leanne, Janice and Sue facilitating this project in consultation with the Tooraweenah School community. Discussions will be held following our AGM to finalise our International Day, which will be held on a date to be decided in November 2020. Plans for our Christmas Lunch to be held on Wednesday 9th December at the RSL will also be finalised.

Lots to discuss during our meeting, so please come along, it will be great to catch up with everyone.

Cath Waller Publicity.

<u>Tooraweenah</u> <u>Community Bus</u> CARE offers a door-to-

9am to Gilgandra for <u>essential</u> <u>transport, with restrictions</u>

returning earlier to Tooraweenah.

Schedule for 2020:

## October 13th & 27th November 10th & 24th

Always the second and fourth Tuesdays of the month Please ring to book: 6817 8750



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Lunch 12-2 Dinner 5.30-8pm 7 days a week

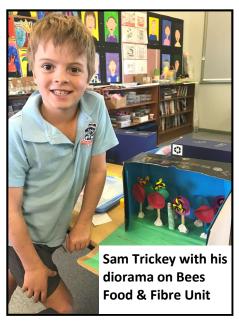
Phone: 6848 1017 A massive Thank You to everyone for their cooperation as we continue to be COVID safe.

# **Tooraweenah Public School**

We have had a very productive Term 3 and look forward to a fun and engaging Term 4. 2020 has been like no other year in living memory and has presented with many challenges, but I am very thankful that as a community we have supported each other to stay well by following the guidelines set out by the Department of Education. We have managed to change and adapt to the new situations well, and I know our staff have up-skilled a great deal in order to meet training and teaching demands through online platforms.

### **Explicit Direct Instruction**

Both classes have been working hard on developing their writing skills this term. Years 2-4 have been writing Persuasive texts, Year 1 Recounts and Years 5-6 Narratives. We look forward to hearing some students share their writing at the next assembly.



### **Training Opportunities Utilised**

Our staff have been taking every opportunity to develop their skills in the past weeks demonstrating we are all lifelong learners and striving to improve outcomes for students. All training at present is via Microsoft Teams or Zoom. Training included Positive Behaviour for Learning (PBL) Classrooms, Teaching Visual Literacy and Film Making, School Excellence In Action, CPR and Anaphylaxis, Work Health and Safety and PBL Coach Network Training. Thank you to all staff for their ongoing commitment to their professional learning.

#### **Celebration Day**

It is time to celebrate! Our students have worked hard to collect Class Dojo Points for positive behaviour and achievement in learning and have collectively passed the 4000 point mark. Our PBL Celebration Day was held on Friday 11th September and the students wore casual clothes and enjoyed free time with Lego, computers and enjoyed a choice of movies. Thank you to our school captain Tallis Brown, who designed a survey for students to take using Google Forms in order to include student voice in the decision-making process.

### **RUOK Day**

RUOK? Day gives us a timely reminder to check in with friends and family and ask the question 'RUOK?' The Tooraweenah CWA were active in promoting the message again this year to open up the conversation after the initial question is asked.

### Year 6 Shirts

Year 6 students have been busy liaising with Mrs Smith in choosing their Year 6 shirt. The back will feature a Year 6 2020 and the student's names. The design has been finalised and students will receive their shirts in early Term 4.

### **Pirate Day**



distancing in mind of course, with two

CWA members, Mrs Beverley Pike (school patron) and Ms Dalene Pretorius The students read some of their recent writing over the school boundary fence and it was exciting for them to have an engaging audience listening to their stories. It has been an unusual time for all, but our students have shown responsibility and innovation in adjusting to school life during COVID-19 in 2020. As Mrs Pike stated "I greatly admire the way the COVID situation has not diminished your zest for life, education and new ideas."

### **End of Year Celebrations**

It was pleasing to hear recent news, that school formals and graduations have officially been given the green light for term four in NSW.

The end of year celebrations will be allowed from November 12 after the final HSC exam. Schools will be given guidance from NSW health on how to develop a COVID-safe plan for formals and graduations.



The Pirate Day fundraiser for children with brain cancer was a huge success with the School and Preschool raising a total of \$100 for Kids Cancer Project. Thank you to all families for giving so generously to this worthwhile charity.

### **Special Visitors**

Our students were delighted to be able to interact last week, keeping social

Save the Dates for Term 4 Year 6 Farewell – Monday 7<sup>th</sup> December Presentation Night – Thursday 10<sup>th</sup> December Karen Smith Principal Tooraweenah Public School Safe, Respectful Achievers karen.thomson1@det.nsw.edu.au |w| 02 68481073

## Tooraweenah Preschool 'Developing Wings of Independence'



We recently enjoyed a fun "Dress Up As A Pirate" Day with Tooraweenah Public School students, raising money (and awareness of) Children with Brain Cancer. What a fun way to raise some funds and we had some pretty amazing pirates at preschool on the day ! Thank you to Mrs Smith and Tooraweenah Public School for inviting us to be involved .

If you come across any pirates, don't be scared: our preschool friends decided on arrival that they were "nice pirates" (not 'nasty pirates') so they could play together happily all day, looking for treasure and using their wonderful imaginations.

We enjoyed lots of 'pirate crafts' making patches, paper plate pirate parrot puppets and pirate hats, we folded, taped and decorated, using paints as well as some cool pirate stickers. We also discovered a new art experience of 'crayon resist' where we made pirate maps and pictures of under the sea. We had the sandpit all but dug out looking for treasure or burying treasure including a long narrow hole big enough for someone to be buried in! There was a Pirate's Treasure Chest to explore - containing gold and jewels with the items used for our own fun dramatic play. Who doesn't like to wear a pirate patch or lots of beautiful

jewellery?? A few pirate bandana's also came in very useful. We also played at the 'mermaid's garden' and with the ocean

creatures, with children loving creating some amazing underwater adventures and special mermaid stories. We read some fun pirate stories and also learnt a 'Pirate Dance' with Miss Marie.

Also on our 'Pirate Day' was our big 'Assessment and Ratings' visit from the Department/Early Childhood Education and Care Directorate that we had been preparing for since March.

Miss Marie and Miss Shannon completely updated and renewed all the documentation for a preschool along with the Self-Assessment Tool that took quite some time. This tool has however given us a clear guide for our future directions.

The children also had a lovely surprise on the day as Miss Sarah spent the day with us, as a pirate of course. I'm sure Jenny from the ECEC Directorate just loved the fact that we were all dressed up as pirates especially when she was working with Miss Marie (who of course was wearing a pirate shirt and belt with a red pirate bandana and an eye patch) see photo above, and doing the serious business of going through lots of documentation and questioning for our preschool, and asking Pirate Miss Shannon (dread lock wig, sword and all) and Pirate Sarah (with a big pirate hat and boots) questions about our practices at **Tooraweenah Preschool!** How fortunate that Jenny is an expreschool director herself who loves having fun, so she was totally engaged

with the children, the staff and the Pirate dress up day, all day!

Our A&R Day, which was super long, went very well. Everyone was happy and relaxed and had an enjoyable day. Now we wait for feedback and a report from the Department which will include how they will "rate" us. Whatever the rating is, we know that Tooraweenah Preschool is a very special preschool, with lovely children and families, a super supportive management committee and a very supportive community and network.

We know we have worked very hard and achieved a great deal along the way. Thank you to everyone who assisted with this rather drawn-out process, including families and committee, with particular thanks to Miss Shannon for her wonderful support and assistance. As a preschool, we "went for gold" with our self-assessment and promoted our preschool through this process as highly as we could.

We impressed upon the Department what a great preschool we have and a wonderful supportive community. We are so very grateful to everyone in the Tooraweenah community for always supporting Tooraweenah Preschool. We thank and acknowledge this, in particular, donations received for our recent Sheep Drive, where we had a large number of sheep donated and raised funds for preschool to purchase new resources for the children. **Thank You Tooraweenah!!!!** 

We wish everyone a happy and safe school holiday period and look forward to a fabulous term 4!

Miss Marie. Marie Jacobsen Nominated Supervisor



Luke Harvey, Brendan Butler, Ben Gale thrilled with the Portable Yards!

### October 2020 Volume 27 Issue 01

**Toora Bungles** 



Send prepared articles to the Toora Bungles editors at email: gundair1@bigpond.com by the last Friday of the month